



## **Yoga - Wikipedia**

Book of the Transcendence â€¢ Cosmic History Chronicles â€¢ Volume VI 4 CHAPTER 5  
SYNCHROGALACTIC YOGA: THE PRACTICES Synchronogalactic Yoga is a scientific process of self-synchronization that activates our etheric body according

### **Excerpt from - Foundation for the Law of Time**

Hatha yoga is a branch of Yoga, one of the six schools of Hinduism. The word haá¹-ha literally means "force" and thus alludes to a system of physical techniques.: 770: 527 In India hatha yoga is associated in popular tradition with the 'Yogis' of the Natha Sampradaya through its mythical founder Matsyendranath. Matsyendranath, also known as Minanath or Minapa in Tibet, is celebrated as a saint ...

## **Hatha yoga - Wikipedia**

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